

Message for parents and carers

Please supervise children and vulnerable adults in your care to make sure they are not putting their hands on their faces or their fingers in their mouths while touching animals or walking round the farm.

Also make sure their hands are washed thoroughly with soap and water after touching animals or enclosures and before eating. If you're not sure how, refer to our posters at our hand washing stations.

What to do if you feel unwell after a farm visit

If you or anyone in your group has sickness or diarrhoea within two weeks of visiting a farm, contact your GP or call NHS Direct on **111** as soon as possible.

If you or anyone in your group, particularly a young child, has bloody diarrhoea, seek immediate emergency medical attention.

Thank you for visiting our farm and for following these guidelines to keep you safe.
The Rare Breeds Centre
01233 861 493 | info@rarebreeds.org.uk

Hand Washing



Enjoying your visit and staying safe on the farm



Hand washing rules

Why it's important to wash your hands on the farm

Bacteria including e-coli and salmonella naturally live in the intestines of many types of farm animals. The bacteria can end up in lots of places around the farm from animal droppings.

Both e-coli and salmonella can make people very sick, especially very young children, pregnant women and elderly people.

Washing your hands thoroughly with soap and water at our hand washing stations on the farm is the most effective way to remove harmful bacteria that may be present. Please follow our hand washing rules.



Do this

- Wash your hands very thoroughly for at least 30 seconds at our hand washing stations after touching animals or enclosures.
- Wash your hands before entering the restaurant or a picnic area.
- Always wash your hands before eating anything.
- Wash your hands after removing dirty shoes or boots that have been worn on the farm.
- Follow all posted directions on the farm for your safety.



Don't do this

- Do not use wipes or hand sanitiser instead of washing with soap and water.
Thorough hand washing is far more effective at removing harmful bacteria.
- Do not eat snacks and drinks around the farm unless at designated picnic areas or at the restaurant.
- Do not kiss or get your face close to the animals.
- Do not eat anything that has fallen on the ground or on the floor.