



Creativity Fun Pack

Provided FREE by COT's Rare Breeds Centre

CREATE • LEARN • ENGAGE

With thanks to the
incredible artists
who made these
just for you!



Canterbury Oast Trust is a Kent based charity supporting adults with learning disabilities and autism



This booklet should be printed on A4 paper.

The scribble pages are
so you can have fun doodling.
Send your pics to
info@rarebreeds.org and tag us
with #art of caring
[@rarebreedscentre](https://www.facebook.com/rarebreedscentre) and
[@cotcharity](https://www.facebook.com/cotcharity)



You will also find details of the
artists who have created these
pieces just for you. If you like
what they do, look them up and
learn more about their art!



If you need help with any of the trickier processes in this
pack - please ask for help. The pages here are for all ages
and abilities but if it involves tools or skills you aren't
used to please do seek some assistance.



Our charity

Canterbury Oast Trust (COT) supports adults with learning disabilities and autism to live more independently and to take control of their lives. We provide accommodation services, personal development, learning and inspiring work experiences in community locations in Kent.

Our life skills training programmes at the Rare Breeds Centre include customer service in our visitors centre, animal husbandry, horticulture, culinary arts in our training kitchen and Art at the Farm in our gallery. We also run life skills programmes at Poulton Wood including woodworking and woodland management.

These projects rely on your generous donations to ensure we can provide a high level of care for the people we support. If you're inspired to help, you can contribute to us through Just Giving at [JustGiving.com/COT](https://www.justgiving.com/COT).

This booklet was originally created during lockdown in order to gift back some online fun to all those who supported us. Those we care for were also keen to get going on these exciting arts and crafts activities featuring some specially created artists' pieces.

We encourage you to learn about the artists who contributed their artwork to this booklet, and we hope you enjoy these activities.



scribble space

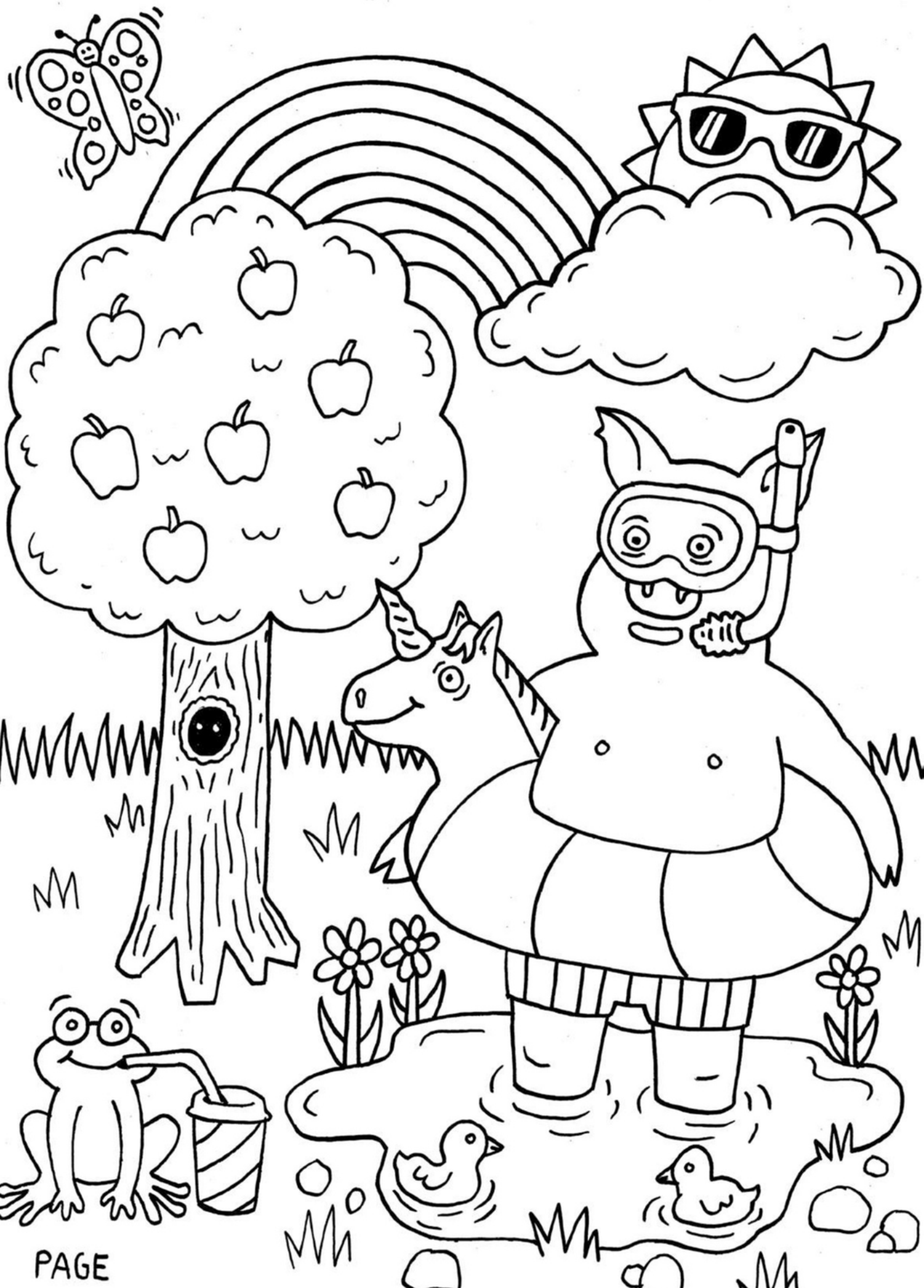
Nathan James Page Artist/Illustrator An ideas man, a drawer and a thinker based in Hastings.



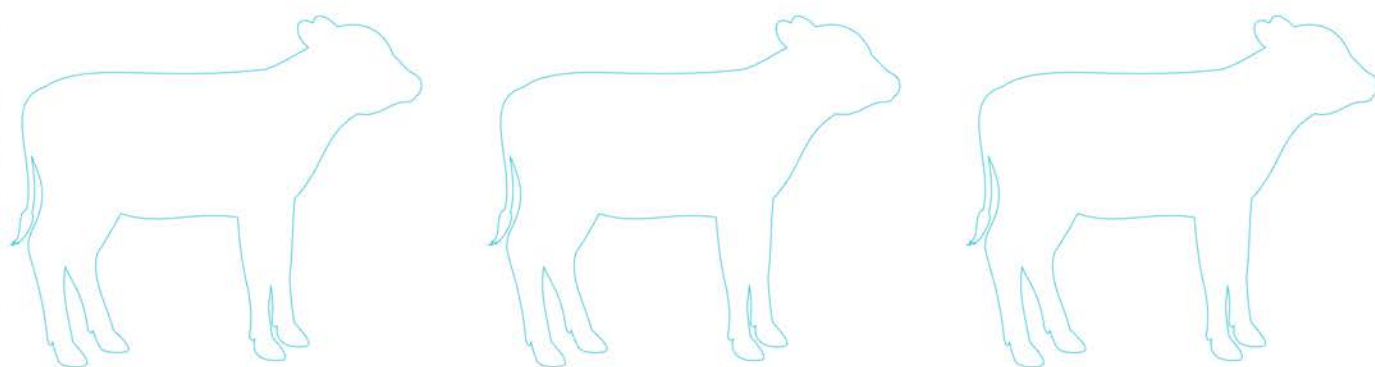
@nathan_james_page



@NathanJamesPageIllustration



scribble space



Peter Quinnell Artist working in collage and 3D assemblage.

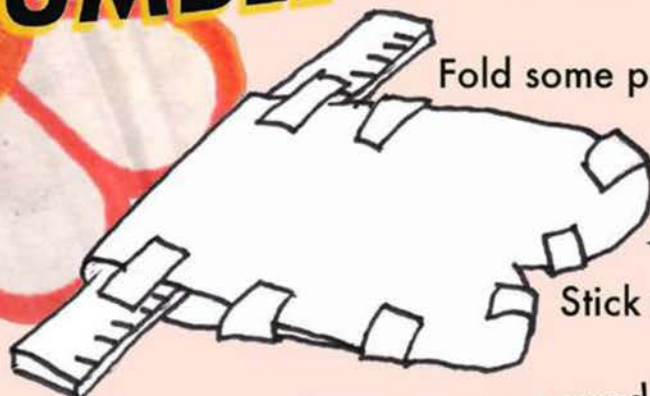


PeterQuinnell.com



@PeterQuinnell

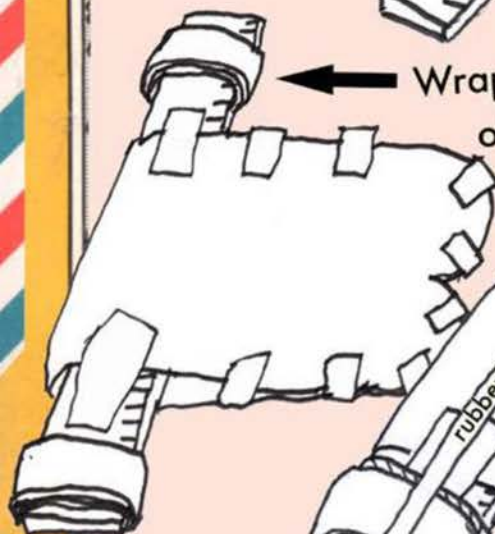
How to make a brilliant **BUMBLE BUZZER**



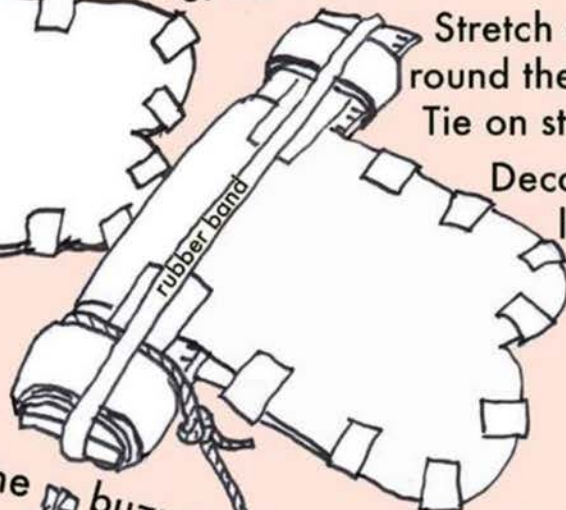
Fold some paper round a ruler; leave the ends sticking out.

Cut the paper into wing shapes like this.

Stick it all together with tape.



Wrap tape and scrap paper round the ends of the ruler until it is quite thick.



Stretch a flat rubber band round the ruler and tape lumps. Tie on string very securely!

Decorate to look more like a bee if you want to.

Whirl the buzzer round and round

BZZZ!

and it will make a super sound!

Use it outside!

Don't hit anyone with it!

A4 paper
any fairly stiff paper is good

String
a shoe lace would do

Ruler

or any similar flat wood or plastic

Tape

any kind of tape is OK

Rubber band

Super

easy

WE CAN DO IT!

be nice to bugs!

Centre
RareBreeds

scribble space

Clare Fletcher Graphic designer and illustrator



ClareFletcherArt.com



@ClareFletcherIllustration



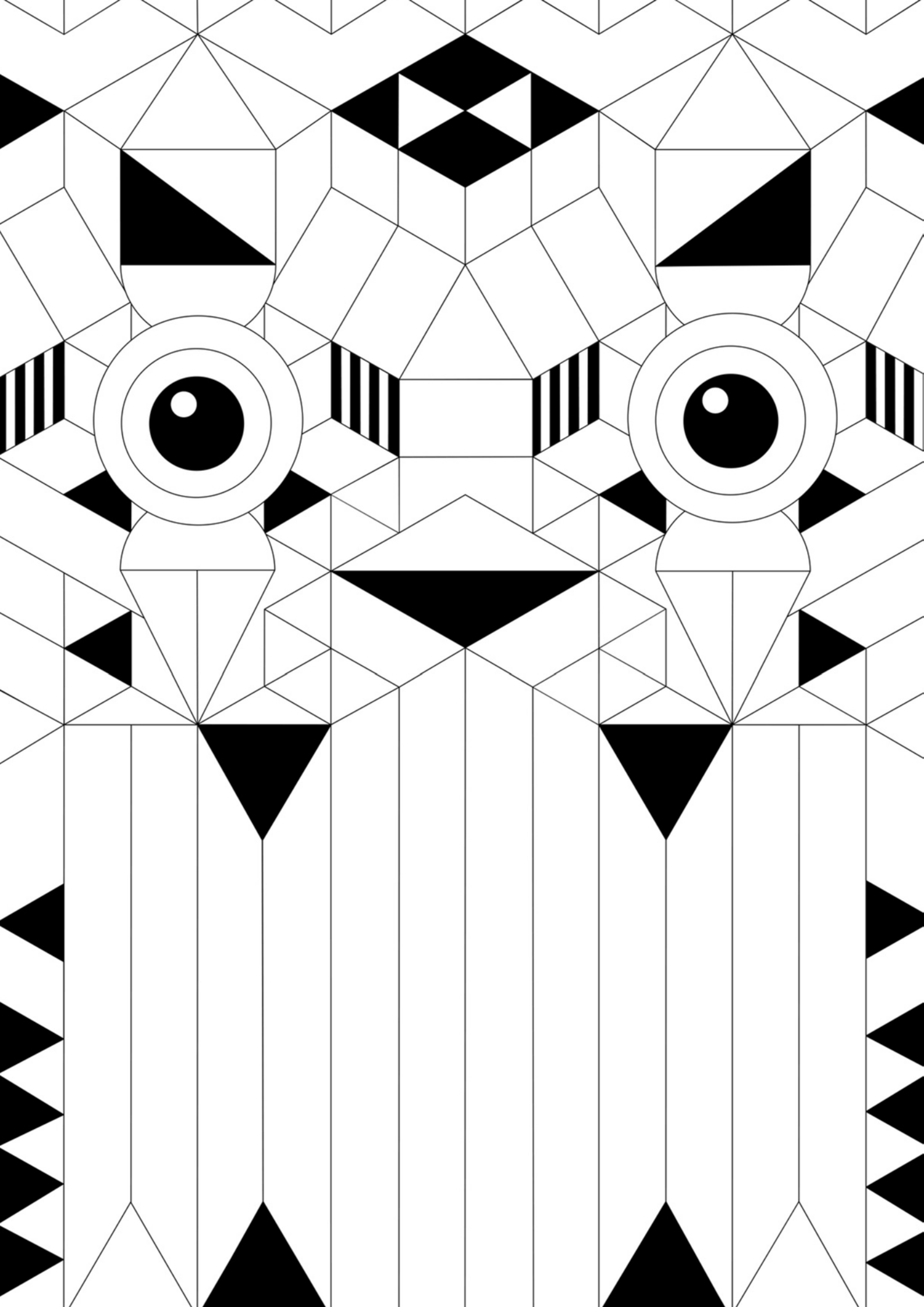
scribble space

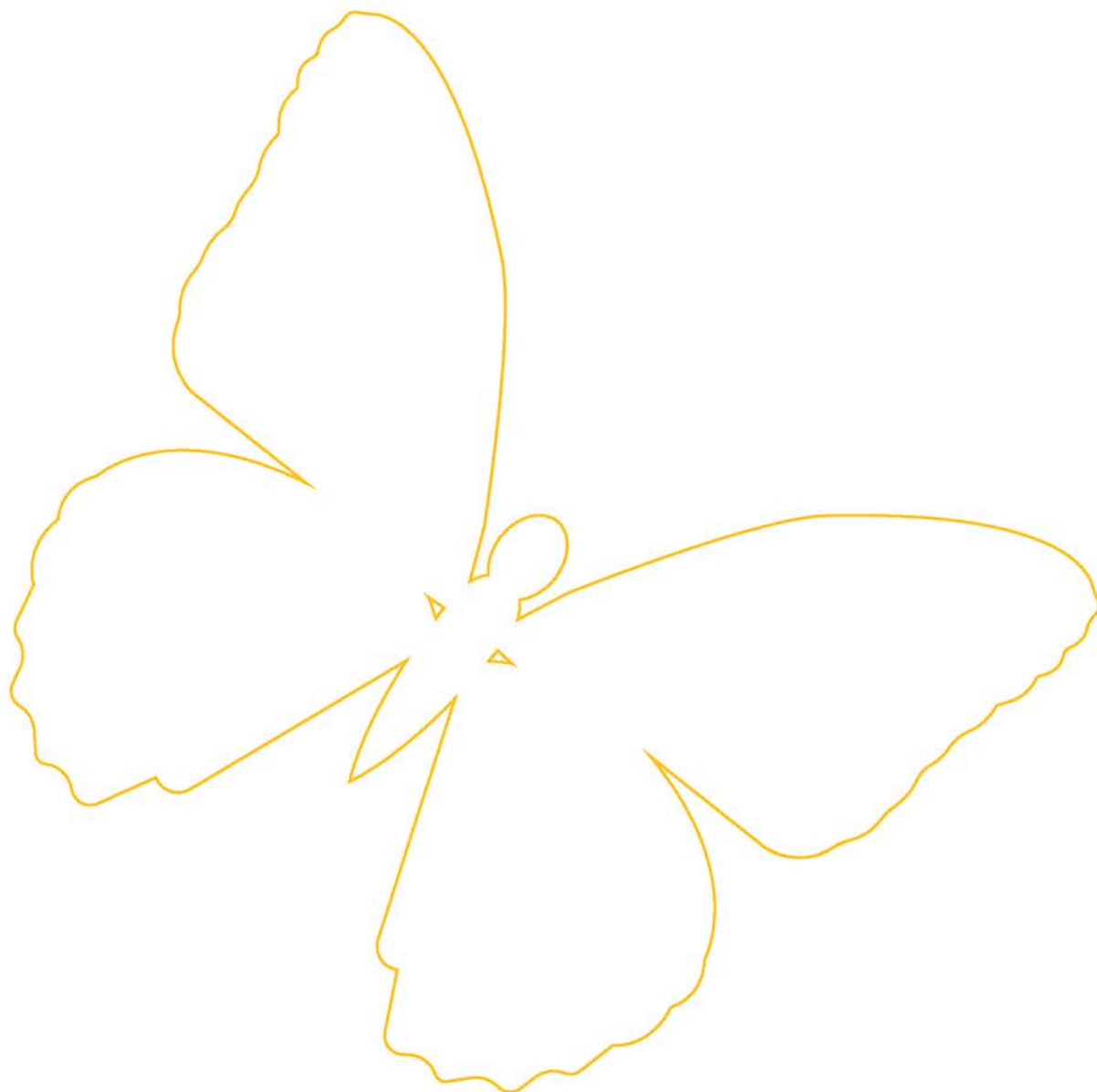
INSTRUCTIONS Colour in the geometric 'rare' creature and make it into a mask by piercing two holes and threading some string.

Morag Myerscough This multi award winning London-based artist's work is characterised by an engaging boldness and clever use of colour to create community and build identity.



@MoragMyerscough

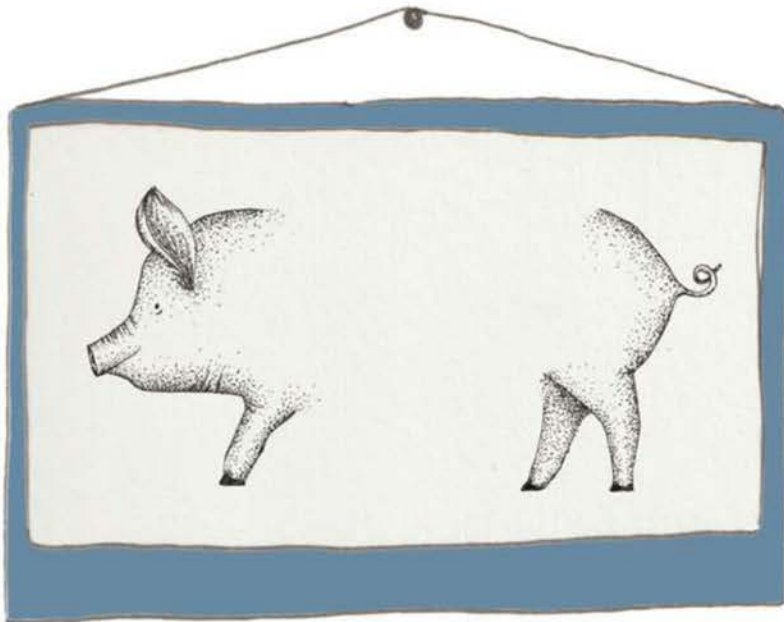




Eleanor Booth Artist working in many different media, from small pen and watercolour illustrations, to a wooden human hamster wheel.



EleanorBoothArt.com



scribble space

INSTRUCTIONS 1. Colour in the butterfly 2. Cut out carefully along the edge 3. Pierce a small hole in the body of the butterfly and thread a piece of string

Drew Copus Artist and street artist with work all over the South East in the public realm.




@Droobie_Art



scribble space

Amy Fellows Artist and designer based in Norwich but seaside inspired from her childhood in Hastings.

 @Amy_Fellows

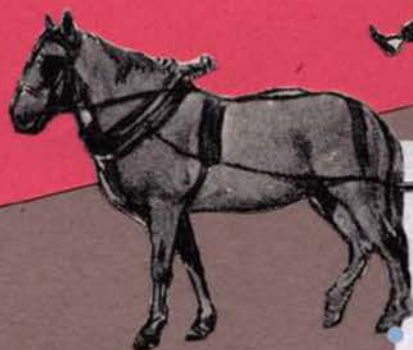
SHIRE

HORSES



Shire horses are heavy, working horses that were bred for pulling things like canal boats carrying coal, street cars or farming equipment.

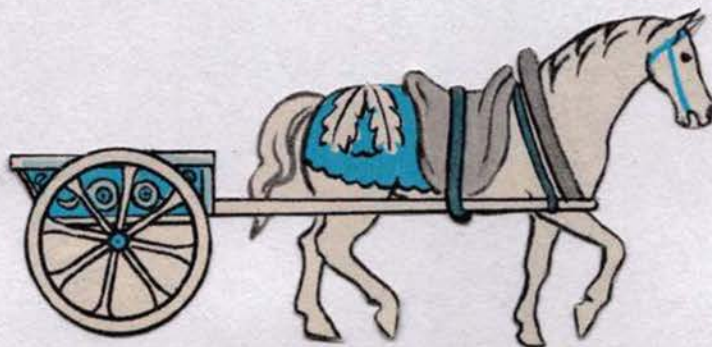
Even pianos!



DRAW!

Draw your own carriage, cart or cargo!

Our Shire Horse at the Rare Breeds Centre is called Lady Rhona...



MAKE!

Make your own horse!

You will need: a toilet roll tube, string, scissors, thick paper or thin card. Coloured pens, pencils or paint to decorate.

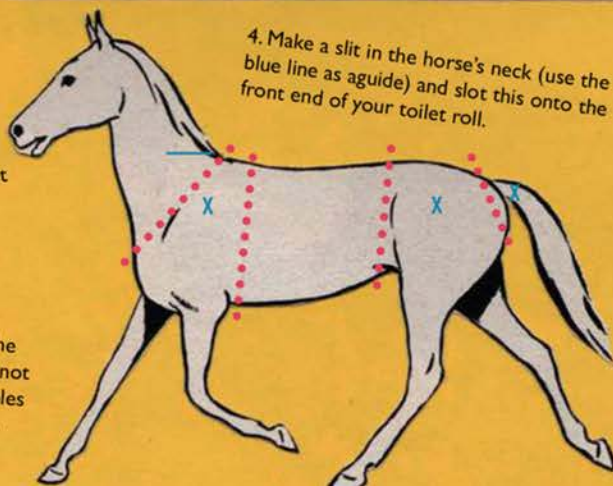
1. Copy the legs, head/neck and tail, from the diagram (right) using the dotted lines as a guide onto thick paper or thin card.

2. Cut out and make a hole near the tops of the legs and tail (guide shown in blue x).

Pierce four holes in your toilet roll for the legs (two either side) and one for the tail.

3. Thread string through the holes in the legs and tail, knot and thread through the holes you made in the toilet roll.

4. Make a slit in the horse's neck (use the blue line as a guide) and slot this onto the front end of your toilet roll.



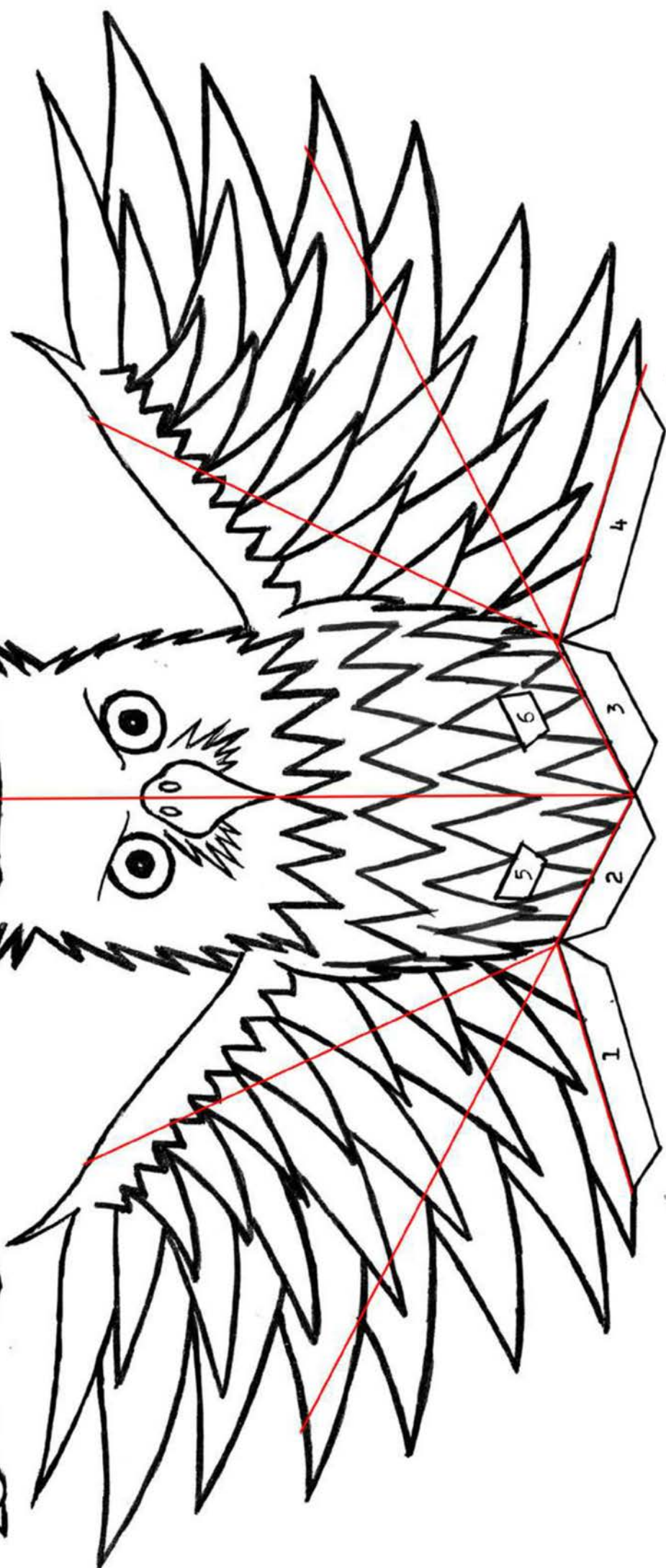
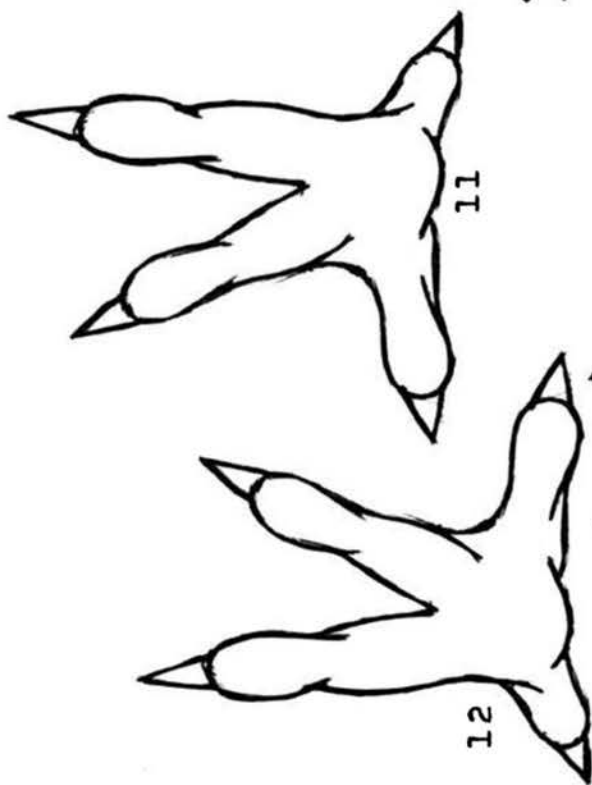
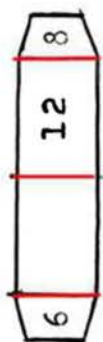
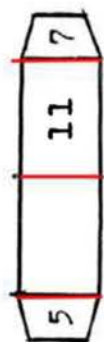
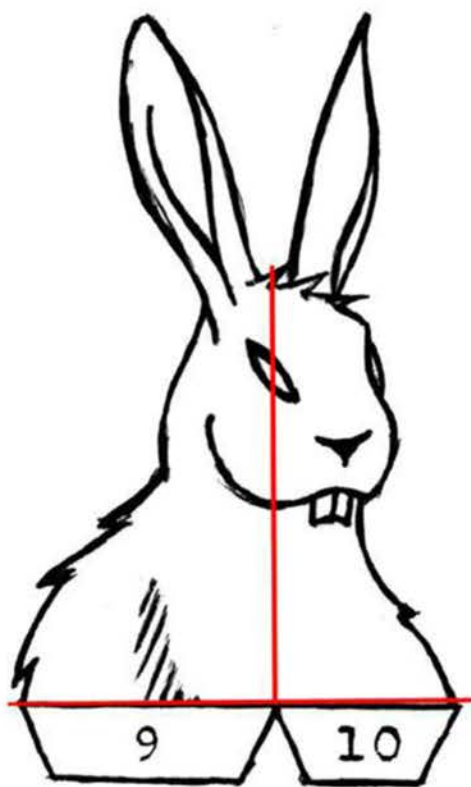
scribble space

INSTRUCTIONS 1. Score along the all red lines with the rounded part of a paperclip or an empty biro 2. Colour everything in the way you'd like to 3. Fold the base board in half 4. Cut out all the pieces and using either glue or double sided tape attach them to the base

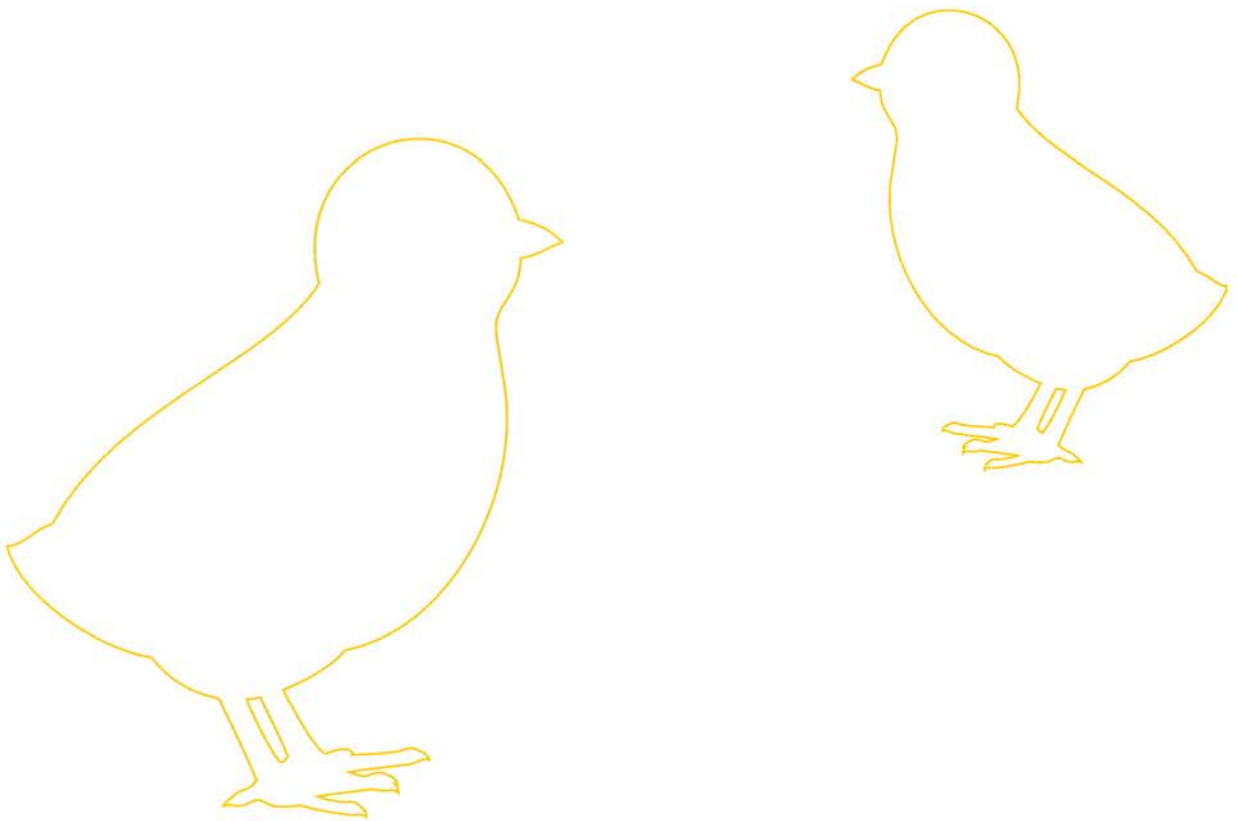
Etienne Le Comte Street artist and paper engineer. Etienne resides in Brighton and his work can be seen in Trafalgar Street.



@EtienneMLeComte

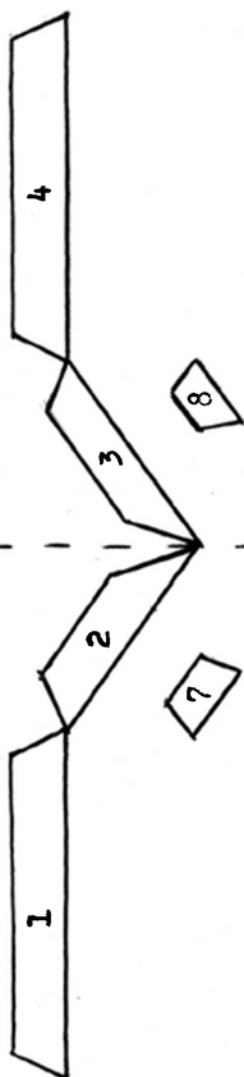


scribble space



Etienne Le Comte Street artist and paper engineer. Etienne resides in Brighton and his work can be seen in Trafalgar Street.

 @EtienneMLeComte



scribble space

Megan M R Donfrancesco Reddy lives in a little cottage on the edge of a cliff where she carefully digs and collects her own clay. Megan also runs The Dirty Old Gallery - an arty farty space in Hastings Old Town.

TheDirtyOldGallery.com[@mmrdr](https://www.instagram.com/mmrdr)

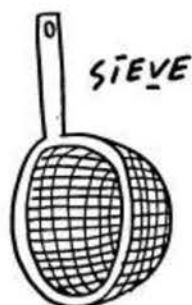
HOW TO DIG YOUR OWN CLAY & MAKE A POT FROM HOME!

☆ RARE BREEDS CENTRE ☆ BY MEGAN M.R. DONFRANCESCO REDDY & ADAM DANDO ☆

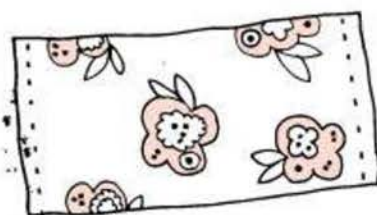
TOOLS YOU NEED:



SPADE



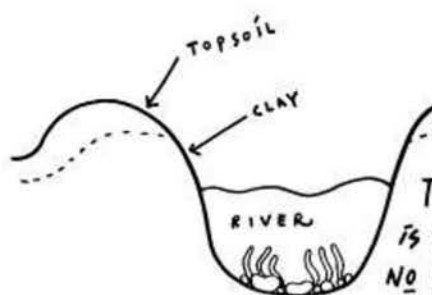
SIEVE



COTTON PILLOW CASE



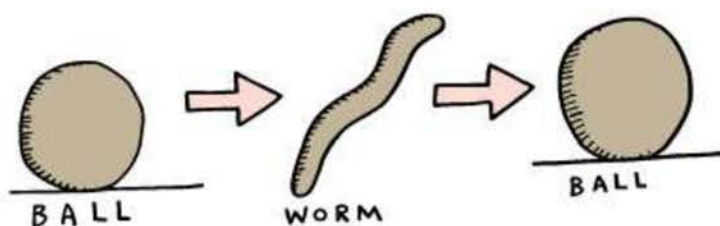
2X BIG-ISH CONTAINERS
(BUCKETS ARE PERFECT!)



STEP 1. WHERE TO DIG?

THE BEST PLACE TO FIND CLAY IS ON THE BANK OF A RIVER OR STREAM, THIS IS BECAUSE THE WATER WASHES AWAY THE TOP SOIL TO REVEAL THE CLAY UNDERNEATH. NO RIVER? NO WORRIES! ONCE YOU GET PAST THE TOP SOIL YOU CAN FIND CLAY MOST PLACES, JUST GET PERMISSION FIRST AND THEN START DIGGING!

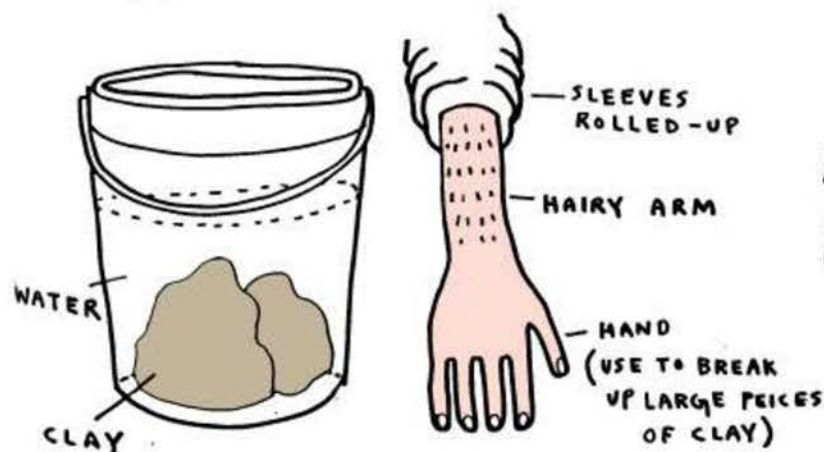
ONCE YOU FIND CLAY GIVE IT A ELASTICITY TEST → SQUEEZE A LITTLE CLAY BETWEEN YOUR FINGERS INTO A BALL, THEN A WORM, THEN BACK TO A BALL AGAIN. IF YOU CAN DO THIS WITH NO TROUBLE THEN YOUR CLAY IS A-O-K!



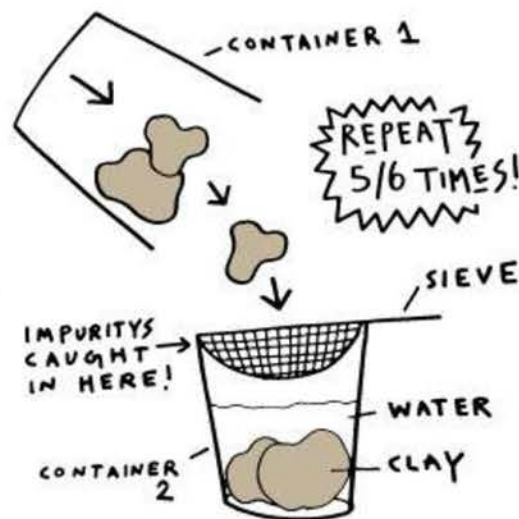
STEP 2:

TIME TO SOAK & GET YOUR HANDS DIRTY!

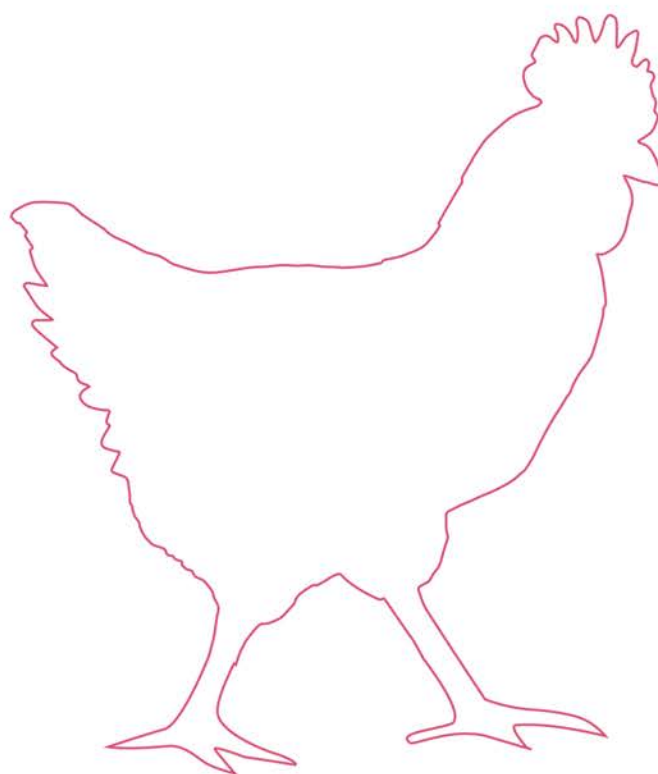
POP YOUR CLAY INTO ONE OF YOUR CONTAINERS AND COVER WITH WATER. ROLL UP YOUR SLEEVES AND USE YOUR HANDS TO BREAK UP THE LARGE LUMPS OF CLAY. NOW LEAVE FOR AN HOUR TO SOAK... OR UNTIL THE CLAY IS ALL BROKEN DOWN.



STEP 3 → NOW GRAB THE OTHER CONTAINER & SIEVE AND POUR THE CLAY BETWEEN EACH BUCKET, SIEVING OUT ALL THE IMPURITIES LIKE STONES, ROCKS, STICKS & SLUGS. DO THIS ABOUT 5/6 TIMES. THEN LEAVE TO SIT FOR 30 MINS.



scribble space



Adam Dando is a creative little ferret based in Hastings, East Sussex. He enjoys long walks, rhythm & blues and red wine.



@AdamDandoArts

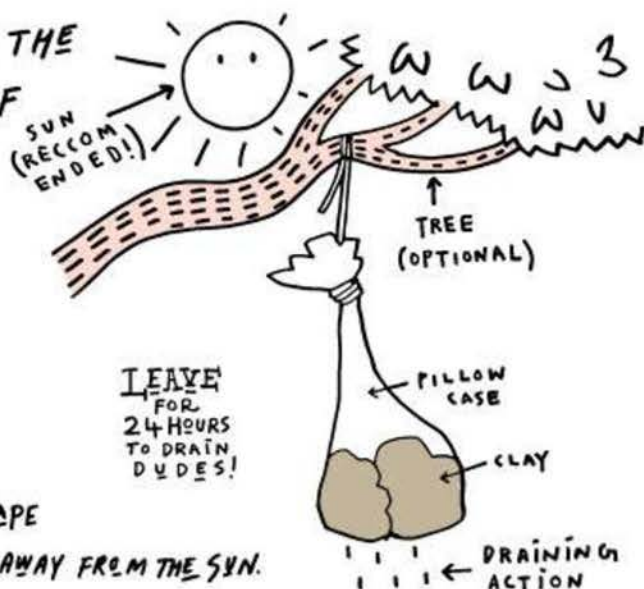


@AdamDandoArt

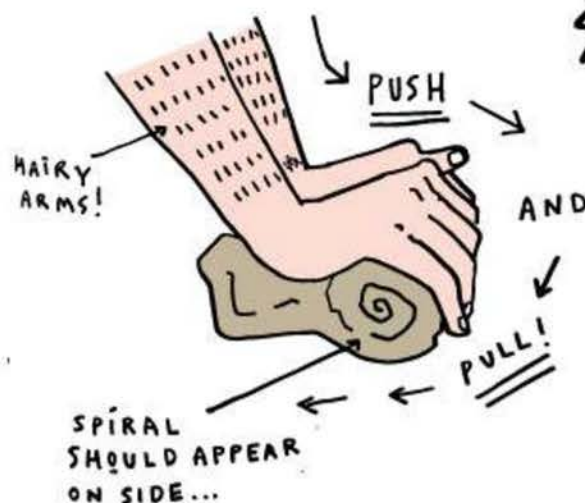
STEP 4 → YOUR CLAY SHOULD NOW BE SUNK TO THE BOTTOM OF YOUR CONTAINER, LEAVING A LAYER OF WATER AT THE TOP. POUR THIS WATER AWAY. NOW TAKE YOUR PILLOW CASE & WITH A HELPING HAND, POUR THE CLAY INTO IT. TWIST THE TOP & TIE INTO A KNOT.

NOW HANG YOUR CLAY UP SOMEWHERE IN THE SUN, MAKING SURE THE WATER CAN DRAIN OUT. IF IT IS SUNNY THIS SHOULD TAKE 24 HOURS.

IF YOU ARE NOT USING YOUR CLAY STRAIGHT AWAY THEN SHAPE INTO A SQUARE AND POP INTO AN AIR TIGHT PLASTIC BAG AWAY FROM THE SUN.



STEP 5! → → ☆ ☆



WHEN THE CLAY FEELS FIRM AND READY TO GO, TAKE IT OUT OF THE BAG & PLACE ON A STEADY SURFACE. (WOOD OR CONCRETE IS BEST AS IT DOESN'T STICK!) NOW YOU WANT TO 'WEDGE' THE CLAY... THIS HELPS TO GET OUT ANY AIR BUBBLES & REALLY MIX ALL THE CLAY TOGETHER. GET THE CLAY INTO A BIG FAT SAUSAGE, THEN USING BOTH HANDS, ONE ON EACH END, START A PUSH & PULL MOTION TO KNEAD THE CLAY.

YOU SHOULD NOTICE A SPIRAL APPEARING ON THE EDGES OF THE CLAY, THIS MEANS ITS ALL MIXING UP NICELY. DO THIS OVER & OVER AGAIN FOR ABOUT TEN MINUTES. ONCE FINISHED YOUR CLAY'S READY TO USE!

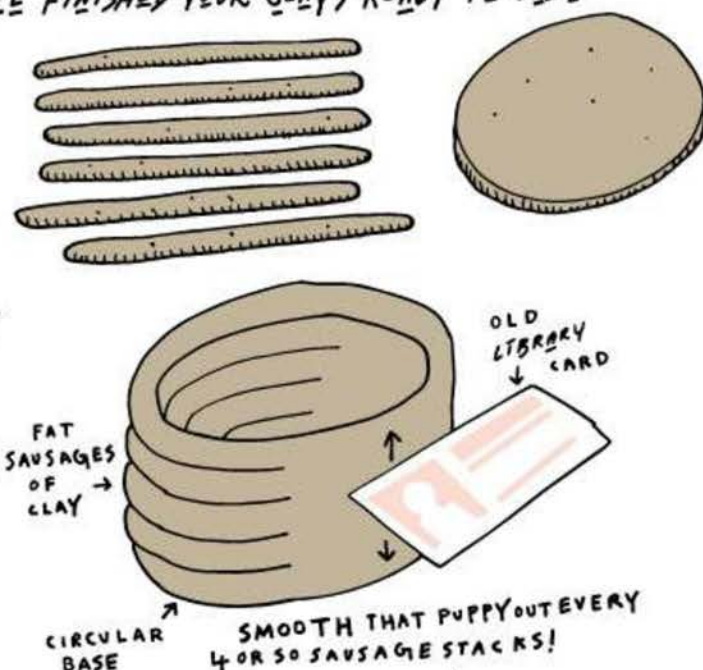
MAKE A COIL POT?

ROLL OUT THE CLAY INTO A CIRCLE. ROLL OUT LOTS OF FAT LONG WORMS. LAYER UP THE WORMS ON TOP OF EACH OTHER, AROUND YOUR CIRCLE BASE. BUILD UP YOUR COILS AND EVERY FEW LAYERS SMOOTH OVER YOUR POT INSIDE & OUT. .. USING AN OLD LIBRARY CARD WORKS PERFECTLY.

STOP WHEN YOUR DESIGN IS COMPLETE & LEAVE TO DRY.



PAINT & VARNISH!



NOW YOU CAN EITHER PAINT YOUR POT. * & VARNISH YOUR POT... OR YOU CAN (WITH THE HELP OF AN ADULT) LOOK AT PIT FIRING FROM HOME. THERE IS LOTS OF INFO ONLINE AND YOU CAN GET SOME REALLY GREAT EFFECTS!

☆ RARE BREEDS CENTRE

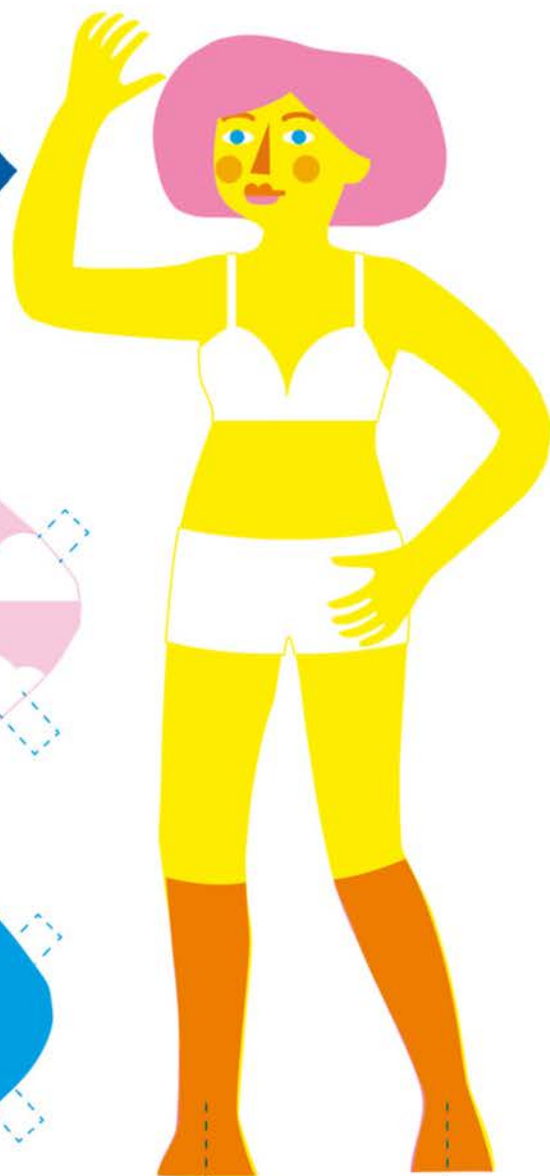
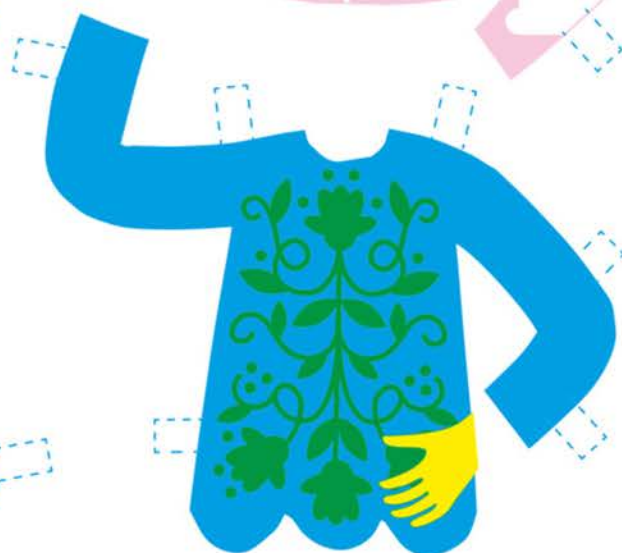
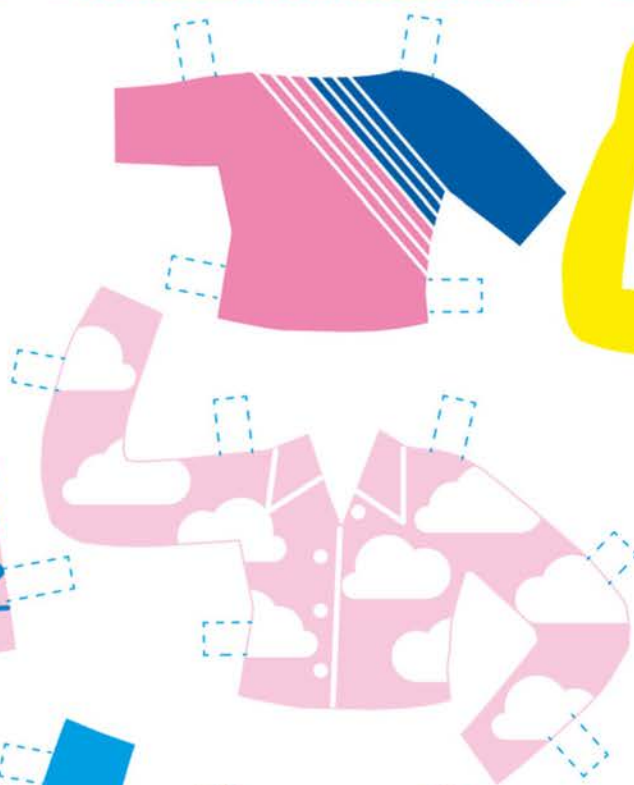
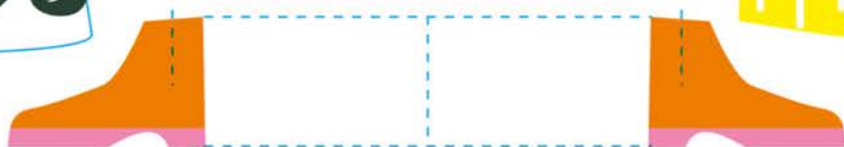
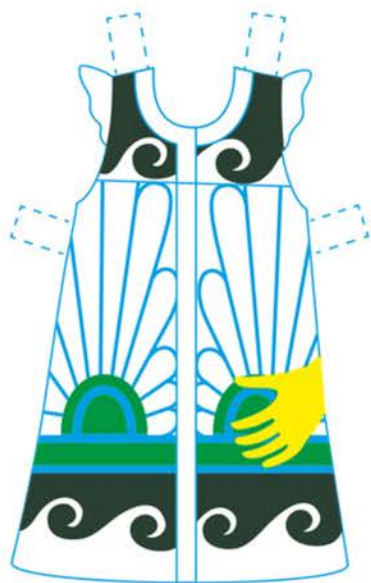
scribble space

Emma Carlow Designer, lover of folk art and curious maker.

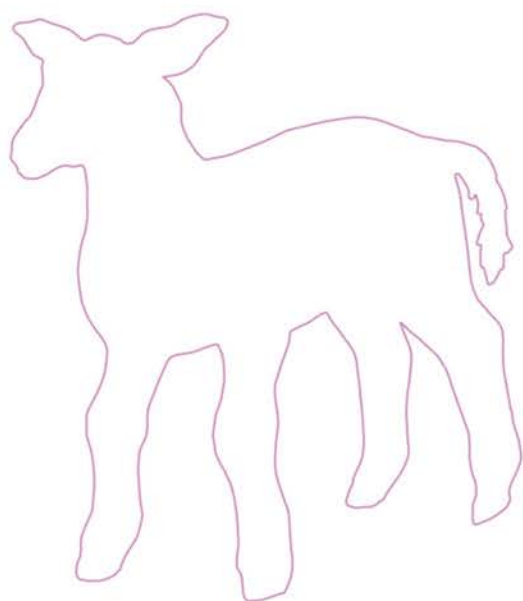
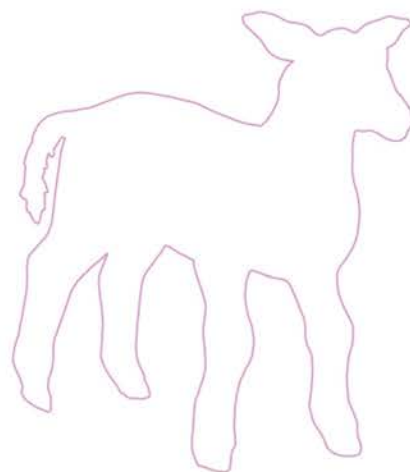
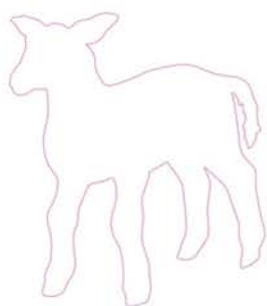


EmmaCarlow.com

Phoenix SHELMADINE



scribble space



Emma Carlow Designer, lover of folk art and curious maker.



EmmaCarlow.com

HOW TO MAKE YOUR

FOR PICKER

1. Cut out the square.
2. With the wrong side facing fold it in half diagonally, open and repeat with other corners.



3. Open it out and fold in each corner to the centre.



4. Turn over and fold in each corner to the centre. 



YOU'RE DONE!

HOW TO OPERATE YOUR

don't pick it

1. Slip your thumbs and forefingers into the pockets.



2. Ask your friend to choose a colour 3. Open and close the Pop Picker the amount of letters in the chosen colour ie. RED=3
4. Ask them to pick a number from the numbers displayed and open and close the P-P the same amount of times 5. Ask them to pick another number, open up that number to reveal the track that has been picked.

PLAY THAT TRACK!

Link to the playlist:

<https://spoti.fi/35psSaW>

[illegible]

scribble space

Luke Brabants Artist whose background comes from graffiti but has made a career from painting murals on vehicles. Luke has a huge passion for nature which can be seen throughout his work ranging from woodland scenes, to ocean life on coral reefs, to the native birds of New Zealand.



@BrabantsLuke



@LukeBrabantsArtist86





Make your own pig race

HOW TO PLAY

- 2 - 4 players
- 1 dice

1

Set up the board with the pigs lined up on the RED START.

2

Space the 4 chicanes along the track and place the FINISH banner over the yellow strip.

3

Each player in turn throws the dice and moves their pig's front feet up by the corresponding number of white stripes.

4

Miss-a-throw penalties are incurred when the pig's front feet land on a white strip that lines up with a chicane.

5

The winner is first past the post.

Stewart Walton An artist, illustrator and designer never without a pencil in his hand. He created the wonderful patio furniture at the Rare Breeds Centre.



@Stewart_Walton





How to make it

TO MAKE THE PIGS

You will need

- 2 x cardboard tubes from loo rolls
- Empty cereal box cut down to 2 flat sheets or use thin craft card
- A pencil
- Scissors

TRACING AND CUTTING OUT

- 1 Print out the pattern sheet and carefully cut out the HEAD and TAIL end patterns.
- 2 Place the pattern pieces on your box material and trace the outlines 4 x times then carefully cut out the pieces. Copy the fold lines from the pattern onto the pig's head section.
- 3 Cut the cardboard tubes in half and using the circle pattern as a guide, mark the position of 4 slots at both ends of each roll.
- 4 Now make four x 10mm straight cuts into the tube from these marks. * This can be tricky so ask an adult to help.
- 5 Mark the fold lines that will give the pig's head its shape. * If you are using packaging do this on the printed side.

PAINTING

You will need

- Paints
- Brushes

- 1 If you'd like to paint the pigs do it at this stage and leave them to dry before you put them together. The pigs on the farm are pink, black, orange or pink and black spotted.
- 2 Paint the tubes RED, BLUE, YELLOW and GREEN and leave them to dry.

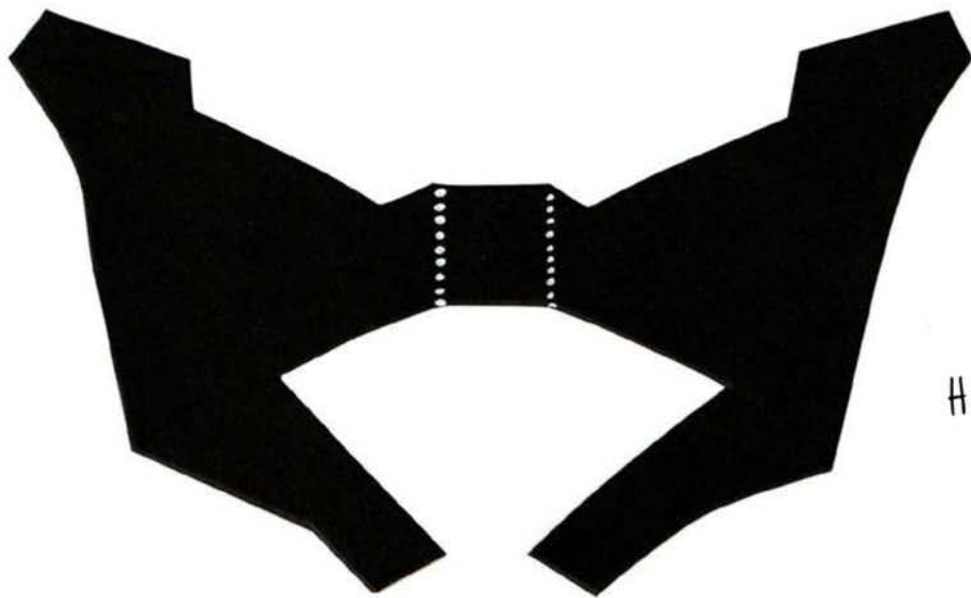
ASSEMBLING THE PIGS

- 1 Fold the pig's noses along the fold lines. Gently fit the head section into the four slots of a pig-middle.
- 2 Roll the tail around a kebab stick to give it a curl. Pinch the sides of the bottom between your finger and thumb and gently push the sides into the top and bottom slots.

Stewart Walton An artist, illustrator and designer never without a pencil in his hand. He created the wonderful patio furniture at the Rare Breeds Centre.



@Stewart_Walton

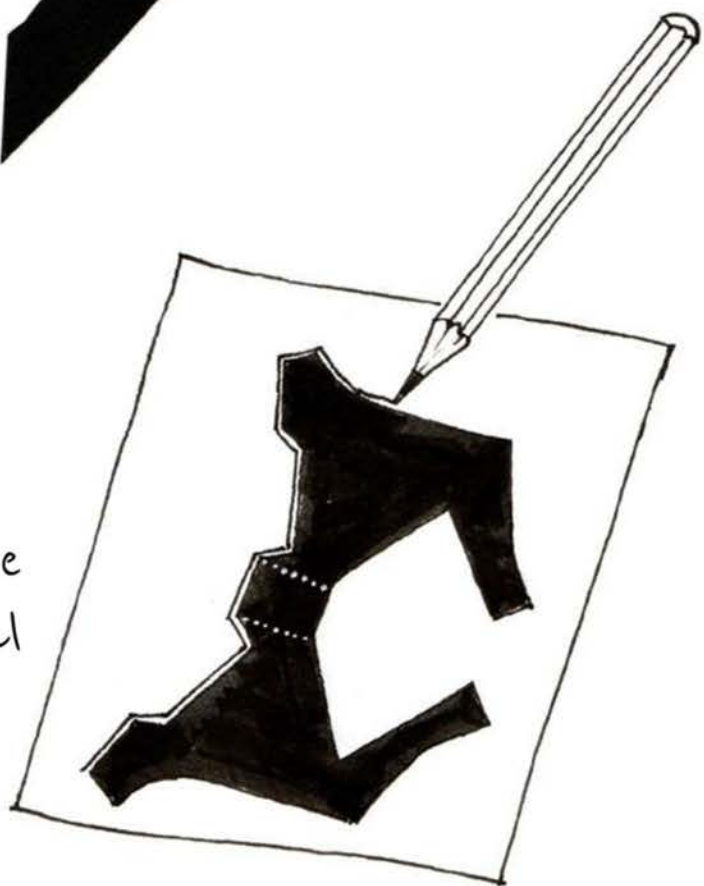


Head End

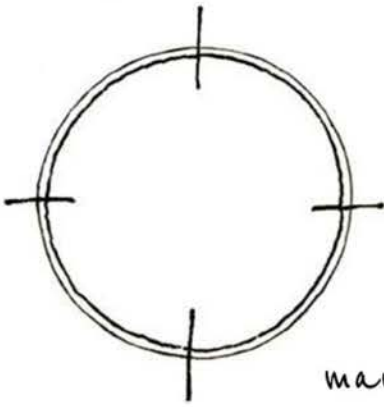


Tail End

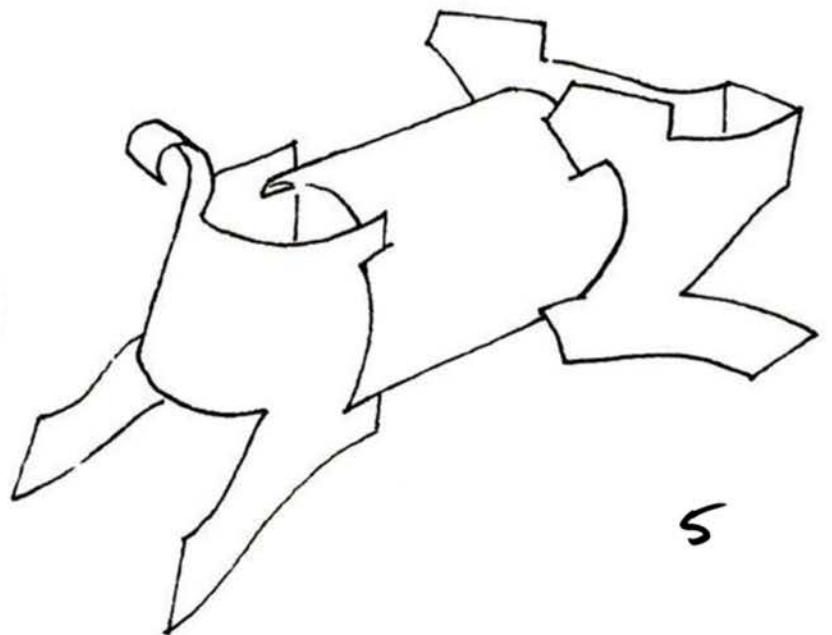
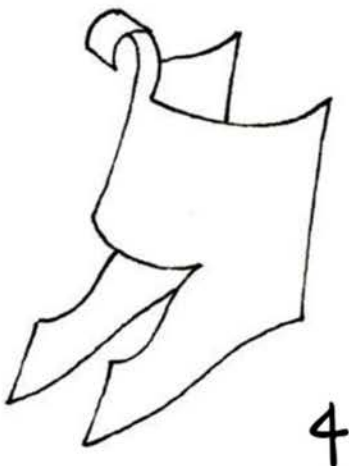
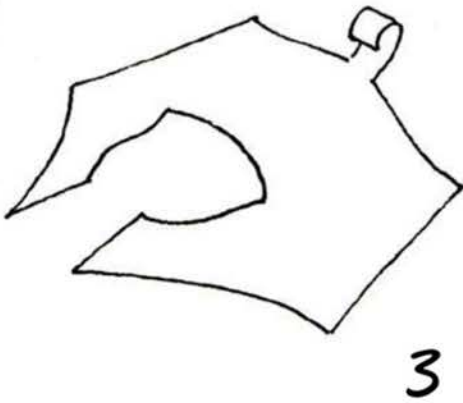
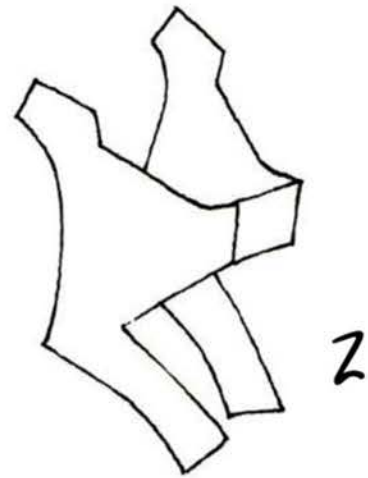
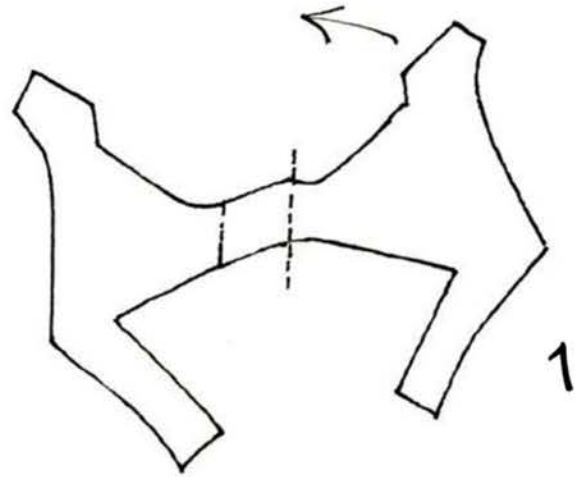
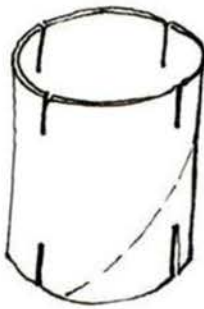
cut out and trace outline
onto box material



Assembling the pigs 1,2,3,4&5



mark positions and
cutout 4 slots at
both ends of roll



THE RACE BOARD

You will need

- Large Cardboard Box – look for one in good condition
- Roll of 18mm width green masking tape (decorators use this)
- 25mm width yellow masking tape or yellow paper for the finish line
- Sheet of red paper 120mm x 360mm

1

Deconstruct the box with care – some have metal staples. You need a long flat rectangle 850mm x 360mm

2

Trace and paint or cut out the START letters and glue them onto the red paper.

3

Now glue START to one end of the board as shown

4

Cut yourself a 6mm width piece of card to use for measuring

5

Mark the 6mm gap top and bottom

6

Run a length of green masking tape between the marks to make the first stripe. Repeat until you have 27 green stripes.

7

The final stripe is the broader
YELLOW FINISH LINE

THE POSTS

You will need

- 2 x egg boxes
- Plasticine
- Wooden skewers trimmed down to 17cm long

1

Separate the sections of the egg box and fill each with plasticine.

2

Poke the skewers through the egg box base sections so they're standing up straight in the plasticine.

THE BUNTING

You will need

- Reel of cotton
- Bright coloured pages from a glossy magazine to cut up
- Scissors
- Ruler
- Glue or a glue stick

1

Fix a 10cm length of cotton thread between two posts

2

Cut loads of diamond shapes from the glossy coloured pages.

3

Dab one side with glue and fold over the cotton thread at the widest part and press together so the points meet up.

4

Leave a small gap between your bunting flags.

Stewart Walton An artist, illustrator and designer never without a pencil in his hand. He created the wonderful patio furniture at the Rare Breeds Centre.



@Stewart_Walton

THE CHICANES

You will need

- 3 pieces of corrugated card 8cm x 20cm*
- Glue or tape.

*Corrugated card has natural fold-lines you can use to make these free-standing wedges.

THE FINISH LINE

You will need

- White card measuring 30cm x 5cm
- RED AND BLACK Felt tip marker pens
- Masking tape

1

Trace and colour the word FINISH on a piece of white card.

2

Add the red diagonal 'go faster' stripes.

3

Fold the ends around two wooden skewers and secure with masking tape.



Stewart Walton An artist, illustrator and designer never without a pencil in his hand. He created the wonderful patio furniture at the Rare Breeds Centre.



@Stewart_Walton

START



FINISH

Your generosity is vital to our charity. Please
donate here:

justgiving.com/cot



DONATE



Find and follow us on social media



TikTok

@RareBreedsCentre



YouTube

@RareBreedsCentre6058

Thank you!



COT's Rare Breeds Centre is owned and run by a charity, Canterbury Oast Trust (COT). We support adults with learning disabilities and autism to take control of their lives, by providing training, homes and work experience. Some of our training takes place on the farm at the Rare Breeds Centre where you may meet some of our students. You can find out more about us at RareBreeds.org.uk.