

PREGNANT?

PLEASE READ

During times of lambing or calving...

women who are, or may be pregnant are potentially at risk of acquiring certain infectious diseases from pregnant livestock including sheep, cattle and goats. Infectious diseases include:

- * **Toxoplasma**
- * **Chlamydophila abortus**
- * **Listeria**

Our livestock come from a flock/herd where there has been **no record** of such diseases.

However, as an extra precaution:

- ✓ If you are or may be pregnant please: **DO NOT TOUCH SHEEP, LAMBS, CATTLE, AND ADULT GOATS OR THEIR KIDS DURING TIMES OF LAMBING OR CALVING**
- ✓ Follow our **ANIMAL CONTACT ADVICE**
- ✓ Take care not to become cross contaminated e.g by holding hands with a child who has touched the animals or pens
- ✓ As always, **WASH YOUR HANDS** after touching any animal, their pens and before eating